

explore, discover and enjoy...



A very scenic cycle route through the ancient Errigal landscape, centred on the picturesque Glenullin Valley with the lowland raised bog as its prominent natural feature. Enjoy spectacular views as you cycle along quiet country roads and stop off at various ancient sites and monuments along the route, many of which have on-site interpretation.



The hen harrier lives in open areas with low vegetation. They fly with wings held in a shallow 'V', gliding low in search of food, mainly small birds and mammals.

Points of Interest



Garvagh Forest

Covering over 200Ha, and formerly part of Lord Garvagh's Estate, the forest is accessed by a network of over 11km of paths and roads winding through coniferous and broadleaved trees.

Garvagh Pyramid

Located within Garvagh Forest, a short walk from the main car park, this unusual folly was created as a burial chamber for Lord Garvagh in the 19th Century. Unfortunately the pyramid was never allowed to fulfil the task it was designed for and has been permanently sealed with no incumbent.

Gortnamoyagh Inauguration Stone

Located within Gortnamoyagh Forest, this unusual stone monument, featuring two carved footprints, was used until the 16th Century during local Gaelic Chieftain inauguration ceremonies.

Errigal Old Church, Graveyard and Souterrain

Originally founded by St Adamnan in the 7th Century, the site now consists of the ruined remains of a medieval church in the centre of a walled graveyard, a rock-cut souterrain and a ballaun stone.

Legavannon Pot

Legavannon Pot (Hollow of the Soul) and Legananam Pot (Hollow of the Breast) are two spectacular meltwater channels between Garvagh and Dungiven.

Glenullin Bog

A 40 Ha lowland raised bog in the heart of the Glen.

The Eagle's Glen Cycle Route



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Mountains, Monuments and Myths



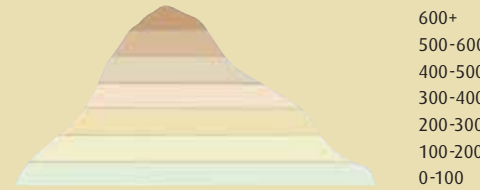
Distance: **22 Km 14 Miles**
www.sperrinstourism.com



MAP KEY

	Classified Road		Public Convenience
	Cycle Route On Road		Cafe
	Cycle Route Traffic Free		Post Office
	National Route (with number)		Shop
	Church		Public Telephone
	Public House		Ancient Monument
	Tourist Information Centre		Millennium Signpost

Height Information



Route Signing:
The **11** signage will guide you along the Eagle's Glen Cycle Route.

Advice & Recommendations:

- The main starting point for this route is Garvagh Forest Car Park on Garvagh's Main Street.
- The section through Garvagh Forest is on forest roads which may have a rough surface.
- This route has several steep slopes/sections.
- For a longer more challenging ride, this route can be combined with the Bann Valley Cycle Route (Route No.12) to the east of Garvagh.

Local Tourist Information Points:

- Dungiven Castle Tel: 028 7774 2428
- Nearest Tourist Information Centre, Coleraine Tel: 028 7034 4723

Bike Hire:

- G McAlister Cycles, 16 Glenleary Road, Coleraine Tel: 028 7034 4704

Cycle Shops:

- Carnroe Supplies, 110 Agivey Road, Kilrea Tel: 028 7086 8825

Ulsterbus Public Transport:

- Coleraine Tel: 028 7032 5400

For information on cycle routes, maps and guides visit:
www.nationalcyclenetwork.org.uk

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