



Lough Neagh

Discover it for yourself!

The Loughshore Trail

A great way to
explore the
Lough Neagh Region
is from the saddle
of a bicycle.



WELCOME TO THE LOUGHSHORE TRAIL



More roads and fewer cars - with views, scenery and attractions that will take your breath away. This all awaits you and your bike when you visit this enchanting region for a cycling holiday.

Some 128 miles long, the Loughshore Trail is an ideal distance for a short cycling break. The Loughshore Trail is known as Route 94 of the NCN (National Cycle Network). It also incorporates a short section of Route 96 (NCN) along the shores of Lough Beg. The route can be followed in either direction, and is clearly signposted with the blue cycle way signs that display the Loughshore Trail logo and route number 94. Local high quality cycling routes, good quality accommodation with inspiring views and attractions make the Loughshore Trail a must when visiting this region.





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THE LOUGH NEAGH REGION

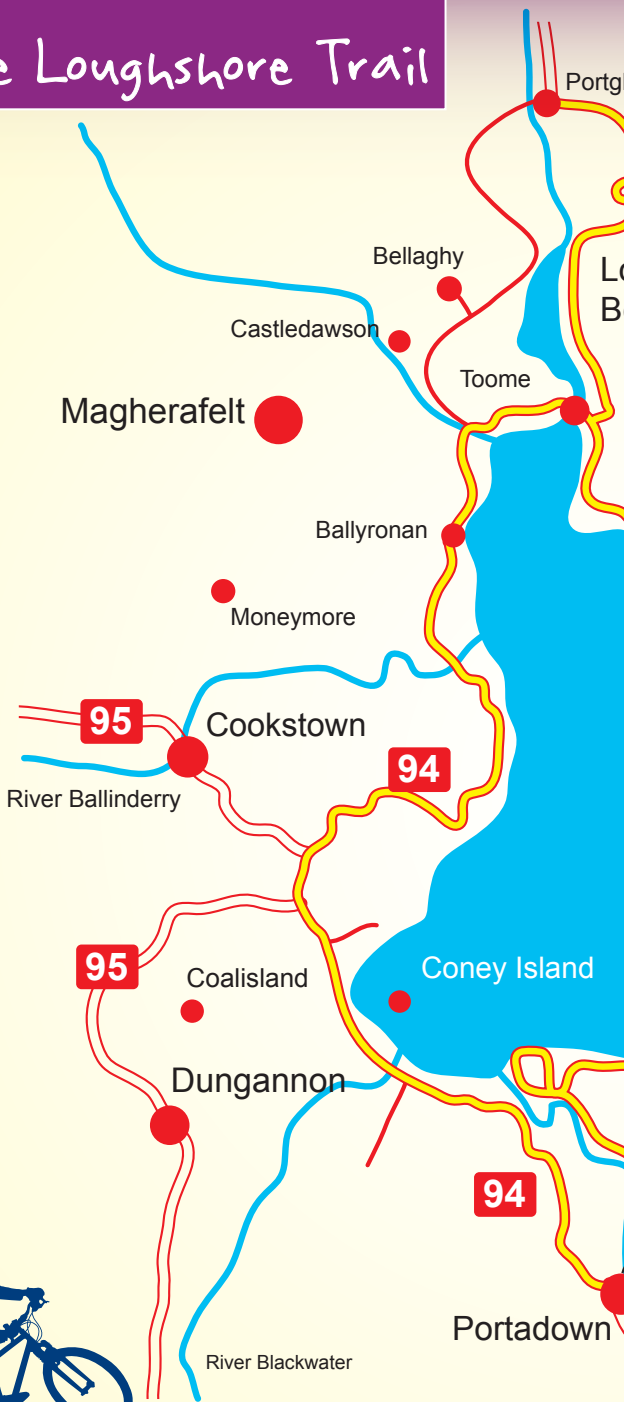


In the heart of Northern Ireland you will find Lough Neagh, the largest lake in the British Isles. Lough Neagh captivates visitors with its tranquil atmosphere, un-spoilt scenery, secluded bays and skyward views. Lough Neagh is a haven for wildlife with many viewpoints around the shoreline. There is so much to see and do from history and heritage, visitor attractions and crafts to land and water based activities. Boating on Lough Neagh is now accessible to all with The Maid of Antrim making a majestic return. You can also visit the Lough's beautiful Islands on the Island Warrior or Trostan... paradise just waiting to be discovered.

Why not come and explore the Lough Neagh Region for yourself.



The Loughshore Trail





SUGGESTED DAY TRIPS

The Loughshore Trail forms a continuous bi-directional route around the shores of the Lough. While the more experienced cyclists may choose to cycle the entire route, families or day visitors to the region may prefer to cycle shorter routes. Here's some suggestions for you to get on your bike and enjoy!

ROUTE 1



Moira Loop

Distance: 17 mls/ 27 km

Attractions along the route:

Gawleys Gate, Montaigh's Moss Area of Special Scientific Interest (Nature Reserve)

Where To Eat:

Gawleys Gate Inn, Clenaghans Restaurant, Refreshments are also available in a variety of coffee shops & restaurants in Moira Village



ROUTE 2

Antrim Loop

Distance: 4.5 mls/ 7 km

Attractions along the route:

Antrim Loughshore Park, Reas Wood, Clotworthy House

Where To Eat:

The Lough Shore Coffee House, Various Locations throughout Antrim Town



ROUTE 3

Derrytrasna Loop

Distance: 26 mls/ 42 km

Attractions along the route:

Lough Neagh Discovery Centre & Oxford Island Nature Reserve,
Kinnego Marina,
Craigavon Lakes and City Park,
Craigavon Watersports Centre
(Bike Hire available),
Bay Shore Picnic Area,
Emersons Quay,
Tannaghmore Animal Farm & Gardens



Where To Eat:

Lough Neagh Discovery Centre,
Kinnego Marina

ROUTE 4

Ballyronan Marina to Ardboe Cross

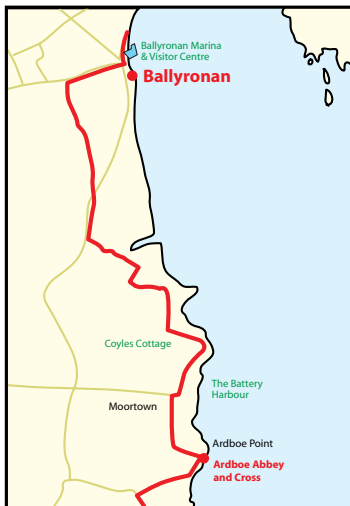
Distance: 18 mls/ 28 km

Attractions along the route:

Ballyronan Marina & Woods,
Kinturk Cultural Centre,
Coyles Cottage,
Battery Harbour,
Arboe Cross

Where To Eat:

Kinturk Cultural Centre



Maps Reproduced from the 2002 Ordnance Survey of N. Ireland NCN Loughshore Trail Route 94 map with the permission of the Controller of Her Majesty's Stationery Office, Crown Copyright 2005. Permit No. 70106

— Indicates Loughshore Trail Cycle Route

WHERE TO STAY



A wide range of accommodation is on offer in the Lough Neagh region and you can be promised that a warm welcome awaits you with standards and service second to none. Getting to know the locals and experience their hospitality adds extra appeal to any holiday, and there's no better way to discover the charm, character and hospitality of the Irish than to stay with any of our welcoming accommodation providers.

Accommodation is available all around the route, and many of the accommodation providers offer facilities for storing bicycles and for drying clothes, not to mention providing hot Irish breakfasts and packed lunches.

HOTELS

Park Plaza Belfast Hotel

Belfast International Airport,
Belfast

BT 29 4ZY

Tel: 028 944 57000 Fax: 028 944 23500

Email: reception@parkplazabelfast.com

Web: www.parkplazabelfast.com



Carngrove Hotel

2 Charlestown Road

Portadown

Co. Armagh

BT63 5PW

Tel: 028 3833 9222 Fax: 028 3833 2899



Seagoe Hotel

Upper Church Lane
Portadown
Co. Armagh
BT63 SJE
Tel: 028 3833 3076 Fax: 028 3835 0210
Email: info@seagoe.com
or reservations@seagoe.com
Web: www.seagoe.com



O'Neill Arms Hotel

Main Street
Toomebridge
Co. Antrim
BT41 3TQ
Tel: 028 7965 0202 Fax: 028 7965 0970
Web: www.oneillarmshotel.com



The Terrace Hotel

42-48 Church Street
Magherafelt
BT 46 6AW
Tel: 028 7963 4040 Fax: 028 7963 3434
Email: info@theterracehotel.com
Web: www.theterracehotel.com



Comfort Hotel Antrim

20 Dunsilly Road
Antrim
BT41 2JH
Tel: 028 9446 2929
Fax: 028 9446 5801
Email: info@comforthotelantrim.com
Web: www.comforthotelantrim.com



Cohannon Inn & Auto Lodge

212 Ballynakelly Road
Dungannon
Co. Tyrone
Tel: 028 8772 4488 Fax: 028 8775 2217
Email: enquiries@cohannon-inn.com
Web: www.cohannon-inn.com



Dunadry Hotel & Country Club

2 Islandreagh Drive
Dunadry
Antrim
BT41 2HA
Tel: 028 9443 4343
Fax: 028 9443 3389
Email: info@dunadry.com
Web: www.mooneyhotelgroup.com



Ashburn Hotel

81 William Street
Lurgan
Craigavon
Co Armagh
BT66 6JB
Tel: 028 3832 5711
Fax: 028 3834 7194
Email: info@theashburnhotel.com
Web: www.theashburnhotel.com

**The Ballymac Hotel**

7a Rock Road, Stoneyford
Lisburn. BT28 3SU
Tel: 028 9264 8313
Fax: 028 9264 8312
Email: info@ballymachotel.co.uk
Web: www.ballymac.com

**Holiday Inn**

Junction One Retail Park
Ballymena Road
Antrim, BT41 4JG
Tel: 028 9442 5500
Email: gm.antrim@expressbyholidayinn.net
Web: www.hiexpressantrim.co.uk

**Hilton Templepatrick Hotel
& Country Club**

Castle Upton Estate
Templepatrick, BT39 0DD
Tel: 028 9443 5500
Email: reservations.templepatrick@hilton.com
Web: www.hilton.co.uk/templepatrick



BED & BREAKFAST / GUEST HOUSES**An Reimse**

2a Sheepwalk Road
Lisburn
BT26 3RD
Tel: 028 9264 8654
Email: info@anreimse.com
Web: www.anreimse.net

**Caldhame House Guest House**

104 Moira Road, Nutts Corner,
Crumlin
Tel/Fax: 028 9442 2378
Web: www.caldhamecountryguesthouse.co.uk



Caldhame Lodge Guest House

102 Moira Road, Nutts Corner,
Crumlin
Tel/Fax: 028 9442 3099
Email: info@caldhamelodge.co.uk
Web: www.caldhamelodge.co.uk



Caledo B&B

22 Antrim Road,
Aldergrove
Crumlin. BT29 4DX
Tel: 028 9446 3794
Email: info@caledo.co.uk



Ballyrobin Country House

144-146 Ballyrobin Road
Aldergrove
Crumlin. BT29 4EG
Tel: 028 9442 2211



Killead Lodge B&B

25 Killead Road
Aldergrove
Crumlin. BT29 4EL
Tel: 028 9445 9896
Email: info@killeadlodge.com
Web: www.killeadlodge.com



Crossroads Country House

1 Largy Road, Crumlin,
BT29 4AH
Tel: 028 9445 2491
Fax: 028 9442 3636



Glendona B&B

22 Gobraha Road, Glenavy,
Crumlin.
BT29 4LQ
Tel: 028 9442 2283



Ashcroft B&B

5 Castle Lodge, Castle Road
Randalstown
Antrim. BT41 2ES
Tel: 028 9447 8026
Email: johnb@mckirw.fsnet.co.uk

Lurgan West Lodge B&B

15a Staffordstown Rd
Randalstown, BT41 3LD
Tel/Fax: 028 9447 9691
Email: lurganwestlodge@btinternet.com
Web: www.lurganwestlodge.co.uk



Glenn-More House B&B

1a Belfast Road,
Antrim,
BT41 1NY
Tel: 028 9446 8814

Creeve Country House

115 Staffordstown Road,
Randalstown,
BT41 3LH
Tel: 028 9447 2547
Fax: 028 94479494



The Lodge

120 Belfast Road,
Antrim.
BT41 2BA
Tel: 028 9446 7170



Ballynarnott House

7 Oldstone Hill,
Muckamore,
Antrim
BT41 4SB
Tel: 028 9446 3292

The Stables B&B

96 Milltown Road,
Antrim
BT41 2JJ
Tel: 028 94485318



Brackenleigh

51 Belfast Road,
Antrim
BT41 1PG
Tel: 028 9446 6613

Hermitage Cottage

5 Ahoghill Road
Randalstown.
BT41 3BS
Tel: 028 9447 3488
www.hermitagecottage.com



Maranatha B&B

69 Oldstone Road
Muckamore
BT41 4SL
Tel: 028 9446 3150
Web: www.maranatha-guesthouse.com

Bro-Gra-Ni B&B

2 Steeple Green,
Antrim,
BT411BP
Tel: 028 9446 2484



Woodview Farm B&B

51 Cookstown Road
Moneymore
BT45 7QF
Tel & Fax: 028 86748417



Manor House Lodge

30 High Street
Moneymore,
Co Tyrone
BT45 7PB
Tel: 028 8674 8910
E-mail: info@manorhouselodge.com
Web: www.manorhouselodge.com



Flatfield House

71 Lany Road
Moir
BT67 0PA
Tel: 028 9261 0509
Mobile: 0788 185 1523
Mobile: 0784 192 6058

Fortview B&B

36 Tullyboy Road,
Moneymore
BT45 7YE
Tel: 028 86762640
Fax 028 86764230
Email: john_davison@btopenworld.com



Ardeala B&B

90 Shore Road,
Ballyronan,
BT45 6JG
Tel: 028 7941 8444

Ballinderry Country House

1c Old Road,
Ballinderry Upper,
Lisburn.
BT28 2NJ
Tel: 028 92651653
Email: reservations@ballinderrycountryhouse.co.uk
Web: www.ballinderrycountryhouse.co.uk





Meadowbanks B&B

145 Moneymore Road,
Cookstown
BT80 9UU
Tel: 028 86761845

**Clearwater House**

11a Ballymulligan Road
Magherafelt
BT45 6ES
Tel: 028 7930 0209 or 07957 118264
Web: www.clearwaterhouse.co.uk

**The Barn**

63 Ballymacombs Road
Bellaghy
Email: sheephillfarm@hotmail.com
Tel: 028 793 86837

**Ard-Na-Neen B&B**

55 Meeting Street
Magherafelt
Tel: 028 796 32435

**Buchanan's B&B**

99 Old Town Road
Castledawson
Tel: 028 79 468741 / 07703055736

**Waterfoot Cottage**

55 Waterfoot Road
Magherafelt
Tel: 028 796 50833
Email: waterfootcottage@yahoo.co.uk
Web: www.waterfootcottage.com

**Laurel Villa Guest House**

60 Church Street
Magherafelt BT45 6WA
Tel: 028 79 301459 / 796 32238
Fax: 028 7930 1459
Email: info@laurel-villa.com
Web: www.laurel-villa.com

**The Inn**

47 Main Street,
Castledawson
Tel: 028 794 69777
Email: info@theinnatcastledawson.co.uk
Web: www.theinnatcastledawson.co.uk



Cherry Tree B&B

218 Mayogall Road
Portglenone
BT44 8NN
Tel: 028 2582 2111
Email: cherrytreeb&b@tiscali.co.uk



Brooke Lodge Guest House

2 Laurelbrook
Aughrim Road
Magherafelt
BT45 6NT
Tel: 028 7963 4800
Email: info@brooke-lodge.co.uk
Web: www.brooke-lodge.co.uk



Newforge House

58 Newforge Road, Magheralin
Craigavon, BT67 0QL
Tel: 028 92 611255
Web: www.newforgehouse.com



Greygables Country Guest House

17 Corbrackey Lane
Portadown
Co. Armagh
BT62 1PQ
Tel: 028 3833 5268



The Heights B&B

12 Woodville Heights, Lurgan
BT66 6JT
Tel: 028 3832 1420
Fax: 028 3832 9828



Ballycanal Manor B&B

2a Glenavy Road
Moirá
BT67 0LT
Tel: 028 9261 1923
Fax: 028 9261 1923
Email: info@ballycanalmanor.com
Web: www.ballycanalmanor.com



Bannview B&B

60 Portmore Street,
Portadown
BT62 3NF
Tel/Fax 028 3833 6666
Web: www.bannview.co.uk



Cherryville House B&B

180 Dungannon Rd, Portadown
Craigavon BT62 1UR
Tel: 028 3885 2323
Web: www.cherryvillehouse.com



Redbrick Country House B&B

Corbrackey Lane
Portadown
Tel: 028 3833 5268



The Bleu Apple

12 Cannagola Rd,
Portadown,
Craigavon BT62 1RG
Tel: 028 3885 2188
Web: www.bleuapple.com



Gil-good Lodge Guest House

13 Moira Road
Upper Ballinderry
Lisburn
BT28 2HQ
Tel: 028 9265 1534
M: 07737757646
Fax: 028 9265 1910
Email: annette@gilgoodlodge.com
Web www.gilgoodlodge.com



Ballinderry Country House B&B

1c Old Rd, Upper Ballinderry, Lisburn
Tel: 028 9265 1653
Fax: 028 9265 0238
Email: ballinderry.g.h@lineone.net



Glebe House B&B

2 St. Johns Park
Moira
BT67 0NL
Tel: 028 9261 9553
Web: www.nireland.com/glebehouse



Oakfield B&B

9 Crumlin Road
Lower Ballinderry
Lisburn
BT28 2JU
Tel: 028 9265 1307
Email: oakfield2@yahoo.co.uk
Web: www.oakfieldguesthouse.com



SELF CATERING

Rosies House

62A Ballynargan Road
Stewartstown BT71 5NF
028 867 37106
Web: www.kingsmillcottages.com



Annie's Cottage

39 Springhill Road
Moneymore BT45 7NH
Tel: 028 867 37106
Web: www.kingsmillcottages.com



Bluebell Cottage

41 Springhill Road
Moneymore BT45 7NH
Tel: 028 867 37106
Web: www.kingsmillcottages.com



Erin Dene Self-Catering

98 Knockinroe Rd
Tullyweary
Stewartstown BT71 5NA
Tel: 028 8676 2606
Email: t.gibson@swiftsoft.net



Roseann's Cottage

103 Ballyneill Road
Loup
Magherafelt BT45 7TE
Tel: 028 7941 8504 / 028 7941 8030



Ballealy Cottage

Shane's Castle Estate,
Randalstown Road,
Antrim.
BT41 4NE
Tel: 00353 1670 4733
Email: info@irishlandmark.com



Ballinderry Station House

2 Station Road
Upper Ballinderry. BT28 2ET
Tel: 028 9062 9003
Mobile: 0780 141 2162
Fax: 019 7759 4732
Email: info@ballinderrystationhouse.co.uk
Web: www.ballinderrystationhouse.com



Clenaghans

48 Soldierstown Road, Aghalee,
Co. Armagh. BT67 0ES
Tel: 028 9265 2952
Fax: 028 9265 2251
Email: info@clenaghans.com
Web: www.clenaghans.com



Drumard Cottage

64 Drumhubbert Road
Dungannon BT71 5EB
Tel: 028 87738657



Arches House

38-40 Main Street,
Randalstown. BT41 3AB
Tel: 028 9447 8471
Fax: 028 9447 8188
Email: info@randalstownarches.com



CARAVAN & CAMPING

Ballyronan Caravan & Camping Park

135a Shore Road
Ballyronan BT45 6JA
Contact: Cookstown Council
Tel: 028 8676 2205 or
Ballyronan Marina Centre
Tel: 028 7941 8399



Kinnego Caravan Park

Kinnego Marina Office
Oxford Island
Lurgan Craigavon
Tel: 028 3832 7573 / 07774811248
Web: www.harbourguides.com/kinnegomarina/



Six Mile Water Caravan Park

Antrim Loughshore Park
Lough Road Antrim BT41 4DG
Tel: 028 9446 4963
Web: www.antrim.gov.uk





LAP THE LOUGH



Lough Neagh is the largest lake in Ireland and Britain and the 3rd largest in Western Europe. At over 35km long and 20km wide needless to say it's quite a water feature. Lap The Lough is not exclusively for the elite or club cyclist but for anyone up

for a challenge. The event aims to encourage as many cyclists to do 1 lap of Lough Neagh on the Sunday before the Northern Ireland August Bank Holiday and subsequently raise cash for good causes. So if you've been waiting for the opportunity to get back in the saddle... here it is! The starting point is Kinnego Marina, at Oxford Island!

For full details log onto the Lap the Lough Website www.lapthelough.org or telephone the Lough Neagh Partnership on Tel: 028 7941 7941 or Castle Hill Cycle Club Tel: 07717353268 www.castlehillcc.org email: info@lapthelough.org



lapthelough.org



HIDDEN ATTRACTIONS



As well as providing breathtaking scenery the Loughshore Trail also incorporates over 30 major attractions along the route. From marinas, nature reserves, parks, and sites of archaeological interest there's something to interest everyone. So wherever your interests lie, there are a wide range of attractions and activities to accommodate you.

Antrim Castle Gardens / Clotworthy Arts Centre

Randalstown Road, Antrim Tel: 028 9448 1338

Email: clotworthyarts@antrim.gov.uk

Web: www.antrim.gov.uk

The Arts Centre is Antrim Borough's premiere venue for drama, music & visual arts. It combines a beautiful setting with first class facilities. Surrounding Clotworthy Arts Centre is one of the earliest remaining Anglo-Dutch water gardens in both Ireland and the British Isles.

Lough Shore Park / Rea's Wood

Lough Road, Antrim.

Tel: 028 9446 3113

One of the best access points to Lough Neagh, the Lough Shore Park is close to the heart of Antrim Town. Rea's Wood stretches for around a mile along the shores of Lough Neagh, heading south from the park and is designated as a National Nature Reserve.





Greenmount College (CAFRE)

Greenmount College of Agriculture, Food and Rural Enterprise, 22 Greenmount Road, Antrim
Tel: 028 9442 6601

Greenmount College is situated in beautiful countryside, just outside Antrim town and 19 miles from Belfast. The College is set in over 18 hectares of landscaped grounds, originally laid out in the 19th Century.



Crumlin Glen

Nutts Corner, Crumlin Village,
For more information contact Antrim Tourist Office
Tel: 028 94428331

The glen consists of an area of mixed woodland with a wide variety of trees, plants and birds. Angling is a popular activity and facilities are available for the disabled. A car park and picnic area have been built adjacent to the start of the riverside walk which leads to the waterfalls and Cockle House.



Rams Island

For further information contact The River Bann & Lough Neagh Association
Tel: 07715368050

Web: www.ramsisland.org

Rams Island is located approximately 1 mile offshore from Sandy Bay on the Eastern Shore of Lough Neagh. Rams is the largest island on Lough Neagh and was designated as an Area of Special Scientific Interest. Notable features of the island are a round tower and the ruins of the O'Neill's 19th Century summer house. Its remote wilderness and lost in time



qualities make Rams Island a pleasant and attractive place to visit. A ferry service is available to take visitors to the island and around Lough Neagh.

For further information contact Michael Savage on:

Mob: 077 1536 8050

Email: michael@ramsisland.org

Portmore Lough Nature Reserve

Gawleys Gate, Aghalee
Contact: Eddie Franklin Tel: 028 926 52406

The reserve lies on the southern shore of Portmore Lough, a small lake at the south east corner of Lough Neagh. In winter large flocks of geese regularly visit as well as smaller numbers of ducks, swans and wading birds. During the summer dragonflies, butterflies and wild flowers are present.

Gawleys Gate Inn

Gawleys Gate, Aghalee.

Tel: 028 926 51764

Gawleys Gate Quay is a small jetty and picnic area near to The Gate Inn at Gawleys Gate. Sunset viewed from the

jetty can be spectacular. On many an evening a flotilla of small craft visit the quay.

The site has a picnic and barbecue area, a jetty facility and a slipway. Meals and information can be obtained from The Gate Inn.



Kinnego Marina

Oxford Island, Lurgan, Craigavon.

Tel: 028 3832 7573 Mob: 07774811248

Email: kinnego.marina@craigavon.gov.uk

www.harbourguides.com/kinnegomarina

Situated on Lough Neagh on the edge of the Oxford Island National Nature Reserve, Kinnego Marina is a magnificent rural setting of beauty and tranquility, giving striking views over the Lough



and the distant hills of Tyrone and Antrim. Kinnego Marina is the largest marina on the Lough. There is a range of associated amenities on site including a caravan and camp site, childrens play area and Carrick-Craft boat sales. The site offers fully sheltered berths with deep and shallow water access.

Oxford Island NNR & Lough Neagh Discovery Centre

Oxford Island NNR, Craigavon. Tel: 028 3832 2205

Email: Oxford.island@craigavon.gov.uk

Web: www.oxfordisland.com

Four miles of footpaths, five bird watching hides, woodland, ponds, wildflower meadows, picnic and play areas. The centre enjoys a unique and beautiful setting on the edge of the Lough where visitors can learn



all about the history, culture and wildlife in and around Lough Neagh. Other facilities in the centre include: The Loughside Café specialising in home cooking, a craft and gift shop and a local information office for visitors to Craigavon.

Tannaghmore Gardens Farm & Museum

Kilvergan Road, Silverwood,

Lurgan, Co. Armagh.

Tel: 028 3834 3244

Email: tannaghmoregardens@craigavon.gov.uk

Web: www.craigavon.gov.uk

You can visit the tree and sculpture trails, rare breeds farm and barn museum with agricultural exhibits. There is also a picnic area where you can BBQ and a large children's area.

Craigavon Lakes & City Park

Craigavon Borough Council,
Lakeview Road, Craigavon
Tel: 028 3831 2400

Email: info@craigavon.gov.uk

City park offers an extensive network of walking and cycling paths, set within 250 acres of parkland around the Craigavon Lakes. A series of paths link the park with Brownlow, Portadown and Craigavon.

Craigavon Watersports Centre

1 Lake Road, Craigavon

Tel: 028 3834 2669

Fax: 028 3834 6018

Web: www.getrealcraigavon.com

Craigavon Water Sports Centre is one of the best centres for outdoor pursuits. The centre is situated on the edge of the Craigavon Lakes in

attractive open parkland. There are many water sports on offer; choose from banana boating, water-skiing, windsurfing, sailing or canoeing. You can take advantage of the Centre's cycling instructors and cycles can be hired for £1.50 per hour on an individual basis. Group cycle hire is also available.



Emerson's Quay & Harbour

For further information contact Craigavon Tourist Office

Tel: 028 3832 2205

Situated to the east of the River Bann in the rural heart of the region, Emerson's Quay and Harbor provides an ideal opportunity for contemplation and enjoyment of the rural area. A great spot for bird watching with excellent views over the Lough.

Maghery Country Park

Contact: Lough Neagh Discovery Centre,
Oxford Island Nature Reserve, Lurgan

Tel: 028 3832 2205

Maghery Country Park provides an oasis of calm in the village of Maghery. Situated on the shores of Lough Neagh, the park covers an area comprising 5km of woodland walks and picnic areas in natural surroundings. This is an excellent area for bird watching, fishing, walking and catching a small ferry to Coney Island.

Coney Island

For further information contact: Lough Neagh Discovery Centre,
Oxford Island Nature Reserve, Lurgan Tel: 028 3832 2205

The island lies 1km offshore from Maghery Country Park and is the only remaining inhabited island on Lough Neagh. It has a rich history reaching back to the time of Saint Patrick and is considered



to be one of the most westerly outposts of the Normans after their arrival in Ulster. Boat trips to the island are from Maghera Country Park and are available at weekends during the summer months (weather permitting).

Peatlands Park

Derryhubbert Road, Dungannon Tel: 028 3885 1102

Email: peatlandspark@doeni.gov.uk

Web: www.ehsni.gov.uk

Peatlands Country Park is the first of its type in the British Isles and was specifically established to promote and facilitate Peatlands awareness.

The park is traversed by a network of paths and boardwalks and a narrow gauge railway which links historical and cultural interests on the site. The park contains areas of peatland bog, semi-natural deciduous woodland, a bog garden and an area where visitors can get the feel (and smell!!) of cutting turf. A new Exhibition Centre is now open to visitors.



Washingbay Wetlands Park

For further information contact Dungannon Tourist Office (Killymaddy) Tel: 028 877 67259

The Washing Bay gets its name from the reputed healing qualities of its waters and of the local holy river. There is a pleasant shoreline walkway through the wetlands with easy access to the Lough. It is suitable for canoeing, camping and bird watching and now has a Healthy Living Centre with a café and children's recreation area.



Mountjoy Castle

For further information contact Dungannon Tourist Office (Killymaddy) Tel: 028 877 67259

The castle remains stand on a hill on the western shores overlooking Lough Neagh. It was built by Lord Mountjoy in 1602 and partly burned in 1643. The well preserved castle once garrisoned English troops during the early 17th Century.



Castle Bay Centre

Mountjoy Rd, Dungannon, County Tyrone.

Tel: 028 8773 8916

Opened in the year 2000, this impressive centre incorporates a fully licensed restaurant, pub and community hall.



Ardboe Cross

For further information contact Cookstown Tourist Office Tel: 028 867 69949

Situated on a height on the shores of Lough Neagh, Ardboe Cross is a national monument which is believed to be the first and finest high cross of Ulster. Old Testament biblical carvings can be seen on east side, whilst New Testament carvings are on the West. Over 1000 years old dating back to the 10th Century, this is truly one of Ireland's finest ancient crosses.



The Battery Harbour

For further information contact Cookstown Tourist Office
Tel: 028 867 69949

A public amenity area with the marina providing berths for recreational boats. Home to the Lough Neagh Rescue Service where impressive new lifeboat facilities were opened in 2001. The Harbour also has a pub and restaurant with spectacular views over the Lough and a children's play area.



Coyle's Cottage & Gortmoss Walk

Annaghmore Road, Cookstown
Contact Rose Ryan Tel: 028 8673 7564

Coyle's Cottage is a 300 year old fisherman's cottage. Listed in 1991, restored and officially opened in May 1993. Muintirevlin Historical Society presently maintains the cottage and uses it as a meeting place. The Cottage is also the starting point for the Gort Moss Walk which features a number of ramparts and pathways meandering through and over flat cut bog land. Rich in flora and fauna.

Kinturk Cultural Centre

Annaghmore Road, Moortown, Ardboe
Tel: 028 867 36512
Email: kinturkcc@lineone.net
www.kinturkcc.co.uk

The Kinturk Centre has an audio-visual presentation of the history of the Lough Neagh Fishing and Eel Industry including displays of old traditional boats and equipment. Boat trips and guided tours by arrangement. There is also a licensed restaurant at the Centre.

Ballyronan Marina & Caravan Park

135a Shore Road, Ballyronan,
Magherafelt BT45 6JA
Tel: 028 7941 8399

Ballyronan Marina is sited within the village of Ballyronan on the shores of Lough Neagh. The picturesque tourist facility incorporates a safe harbour with 3 slipways, a boat park, picnic area, play park, beach area. You can also enjoy a delightful meal at the restaurant overlooking the harbour.



Canal Walk, Toome

For further information please contact Antrim Borough Council, Tourist Office Tel: 028 9442 8331

This quiet scenic pathway follows the Toome Canal to its starting point on the shores of Lough Neagh. Enjoy the stunning views over the Lough from a purpose built viewing platform, dander through the Silvereel Wood or simply rest a while on the Silvereel seat.

Cranfield

For further information please contact Antrim Borough Council, Tourist Office Tel: 028 9442 8331

On the shores of Lough Neagh at Churchtown Point lie the ruins of an ancient Irish Church and St Olcan's Holy Well. There is a tradition that states that St Olcan's well was blessed with healing properties by St Olcan who reputedly lies buried at Cranfield's 13th Century church in earth brought from Rome. So it was deemed a doubly holy place. The well produces fine spring water and amber coloured crystals which were sought to protect women during childbirth, men from drowning and homes from fire and burglary.

Randalstown Forest

Managed by: Forest Service

Tel: 028 9049 1264

Contact :Antrim Borough Council on Tel: 028 9446 3113.

Web: www.forestserviceni.gov.uk

Randalstown Forest stretches north from the north shore of Lough Neagh to the west of Randalstown. A small area at the loughshore is designated as a National Nature Reserve where you will find a birdwatching hide overlooking the Lough.

World of Owls

32 Mount Shalgus Lane, Randalstown Forest Park.

Tel: 028 9447 2307

Web: www.worldofowls.com

Visit World of Owls, Northern Ireland's only owl, bird of prey and exotic conservation educational centre.

Featuring owls from all around the world, as well as falcons and hawks, visitors can make friends with small animals.



Cross Keys / Thatched Pub

40 Grange Road, Toomebridge

Tel: 028 796 506 94

A quaint thatched cottage pub and one of Ireland's most famous Traditional Music Pubs. Musicians from all over Ireland have played

within (and outside) its walls. It was once a Coaching Stop on the old Belfast to Derry road. The building is thought to date from around 1740, located in County Antrim, near Toomebridge and Portglenone on the shores of Lough Neagh.



Newferry

Contact Ballymena Tourist Information Centre on Tel: 02825 63 8494.

The facility is used as a venue for water sports. Situated on the banks of the Lower Bann with BBQ and picnic facilities available. This is an excellent spot for fishing and other water sport. Any person wishing to register their boat should contact Ballymena Tourist Information Centre.

Portglenone Forest

Tel: 028 2955 6000

Fax: 028 2955 7162

Web: www.forestserviceni.gov.uk

Email: customer.forests@dardni.gov.uk

Yet another of the regions natural sites of beauty. Portglenone Forest is situated to the north of Lough Beg and is home to a wide range of plants and animals.



Portglenone Marina

Tourist Information Centre,
76 Church Street, Ballymena.

Tel: 028 2563 8494

F:ax 028 2563 8495

Email: tourist.information@ballymena.gov.uk

The Marina at Portglenone is situated off the Gortgole Road on the banks of the River Bann. In addition to the 18 serviced floating pontoons, the facility also provides a trailer park, slipway, rigging area, car parks and picnic areas overlooking the river.



Bellaghy Bawn

Castle Street, Bellaghy.

Tel: 028 7938 6812 F: 028 7938 6556

Email: bellaghybawn@doeni.gov.uk

Web: www.ehsni.gov.uk

Bellaghy Bawn and Village were built on behalf of the Vintner's Company of London following the plantation of Ulster in 1610. The Bawn still retains one of its flanker towers and significant remains of the original complex. The dominating feature in the Bawn today is a large century house, refurbished by Frederick Augustus Harvey, Earl of Bristol and Bishop of Derry. This house has been restored as an exhibition centre. There is also an exhibition on Seamus Heaney at Bellaghy Bawn.



Maid of Antrim

Contact Cookstown Tourist Information Centre on:

Tel: 028 867 69949

135a Shore Road, Ballyronan, Magherafelt BT45 6JA

Tel: 028 2582 2159 Email: conlaw@btinternet.com

The boat has recently been restored to its former glory and offers passengers a comprehensive commentary as well as spectacular views. The Maid of Antrim departs from Ballyronan Marina on the western shore of Lough Neagh. Cruises depart from April to October and are subject to weather conditions and demand. Please pre-book to avoid disappointment.

Broad Water

Rivers Agency (Lisburn Office)

Tel: 028 9260 6100

A natural valley that was flooded by the old Lagan Navigation Company in order to maintain a sufficient head of water to accommodate the navigation. Today this area acts as both a breeding and wintering ground for a large variety of wildfowl. Approximately 3 miles of surfaced towpath connect Aghalee Village and Moira Railway Station, whilst picnicking facilities can be found at Soldierstown car park. Managed by Rivers Agency.

Tardree Forest

Tel: 028 3477 2240 Fax: (028) 4377 1762

Website: www.forestserviceni.gov.uk

Email: customer.forestservice@dardni.gov.uk

At 336 hectares, Tardree is one of Northern Ireland's oldest state forests and provides ample opportunity for walking. The gradient of the walk is moderate, with some steep sections along the way. Tardree Forest is a mixed conifer forest with way marked forest paths and picnic areas, offering panoramic views over County Antrim and Lough Neagh. There is also a geological nature reserve within a rhyolite quarry.

Six Mile Water

Contact Antrim Tourist Information Centre

Tel: 028 9442 8331 Fax: (028) 9448 7844

Email: info@antrim.gov.uk

Web: www.antrim.gov.uk

The Mill Race Trail is a site of importance in terms of its industrial heritage and wildlife value. Remnants of this industrial heritage can be seen along the Trail. Follow the way markers and information panels as they tell the story of the Six Mile Water. There is no entrance fee and leaflets on the Trail are available. Short linear riverside walk on flat off-road paths. To assist in your enjoyment of the Trail, picnic tables, benches and bike stands are located along the route. Dogs are permitted along the trail, but must be kept on a lead at all times. Bikes are permitted on part of the section from Riverside to Kirby's Lane, from where cyclists can then head to the Lough Shore Park, via a new linkage path from the Dublin Road to Rea's Wood.

The Ballance House

118a Lisburn Road
Glenavy

Tel: 028 9264 8492

Email: ballancenz@aol.com

Web: www.ballance.utvinternet.com

Winner of the Ulster Tourist Development Association's 'Heritage Attraction of the Year 1997'. 'This farmhouse museum was the birthplace of John Ballance, New Zealand's Premier 1891-93. Events held throughout the year.

Brookhall Historical Farm

2 Horse Park
Ballinderry Road
Magheragall, Lisburn
BT28 2QU

Tel: 028 9262 1712

Email: coultermedia@aol.com

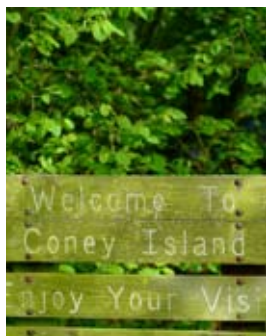
Web: www.brookhall.com

Brookhall is a farm museum containing items from a bygone day. Have a stroll around the grounds and you will see farm animals, some rare breeds, lovely gardens, nature walks, a fishing lake and a 12th Century church. Pay a visit to the lovely Country Farm Tea House and beautiful Lavender Blue Cottage Garden Gift Shop. Enjoy trout fishing all year round on the Brookhall Estate. Special events are held throughout the year.



USEFUL CONTACTS

A LITTLE INFORMATION CAN GO A LONG WAY!



Whether you're already in Northern Ireland or planning your visit, there are a wide range of contacts that can help you plan your cycling holiday.

Belfast (& Northern Ireland) Welcome Centre

47 Donegall Place

Tel: 028 9024 6609

Email : info@belfastvisitor.com

Antrim Tourist Information Centre

16 High Street, Antrim

Tel: 028 9442 8331 Email: info@antrim.gov.uk

Crumlin Tourist Information Centre

Belfast International Airport

Tel: 028 9448 4677 Email: info@belfastvisitor.com

Craigavon Tourist Information

Lough Neagh Discovery Centre, Oxford Island, Craigavon

Tel: 028 3832 2205 Web: www.craigavon.gov.uk

Lisburn Tourist Information Centre

15 Square Street, Lisburn

Tel: 028 9266 0038 Email: tic.lisburn@lisburn.gov.uk

Magherafelt Tourist Information Centre

The Bridewell Centre, 6 Church Street, Magherafelt

Tel: 028 7963 1510

Email: thebridewell@magherafelt.gov.uk

Cookstown Tourist Information Centre

The Burnavon, Burn Road, Cookstown

Tel: 028 8676 9949 Email: tic@cookstown.gov.uk



Ballymena Tourist Information Centre

76 Church St, Ballymena

Tel: 028 2563 8494

Email: tourist.information@ballymena.gov.uk

Killymaddy Tourist Information Centre

190 Ballygawley Road, Dungannon

Tel: 028 8776 7259

Email: killymaddy.reception@dungannon.gov.uk

Lough Neagh Partnership

Tel: 028 7941 7941

Email: info@loughneaghpartnership.com

Northern Ireland Tourist Board

Tel: 028 9023 1221

Email: info@nitb.com

Sperrins Tourism Limited

Tel: 028 867 47700

Email: info@sperrinstourism.com

Countryside & Activities Network

Tel: 02890 303930

Web: www.countrysiderecreation.com

Loughshore Trail

Tel: 028 7941 7941

Email : info@loughneaghpartnership.com

Translink Bus & Rail Information

Tel: 028 90 66 66 30

Web: www.translink.co.uk

Ordnance Survey Northern Ireland

Tel: 028 90 255755

Email: osni@osni.gov.uk

Northern Ireland Self Catering Holiday Association

Tel: 028 90436632

Email : info@nischa.com

Hostelling International Northern Ireland

Tel: 028 9032 4733

Email: info@hini.org.uk

Sustrans Northern Ireland

Marquis Building, 89-91 Adelaide Street

Belfast, BT2 8FE

Tel: 028 9043 4569

Fax: 028 9043 4556

Email: belfast@sustrans.org.uk

Web: www.sustrans.org.uk

or www.cycleni.com



NORTHERN IRELAND CYCLE HIRE

LIFE CYCLES

36-37 Smithfield Market
Belfast
BT1 1JE
T :: 028 90 439959
E :: cyclehire@lifecycles.co.uk
www.lifecycles.co.uk

MCCONVEY CYCLES

183 Ormeau Road
Belfast
BT7 1SQ
T :: 028 90 330322
E :: bike@mcconveycycles.com
www.mcconveycycles.com

ARDCLINIS OUTDOOR ADVENTURE

Cushendall
Ballymena BT44 0NB
T :: 028 21 771340
E :: info@ardclinis.com
www.ardclinis.com

CRAIGAVON WATERSPORTS CENTRE

1 Lakeview Road
Craigavon BT64 1AS
T :: 028 38 342669
E :: craigavon.watersports@craigavon.gov.uk
www.craigavon.gov.uk/leisure

AN CREAGAN VISITORS CENTRE

Creagan
Omagh BT79 9AF
T :: 028 80 761112
E :: info@an-creagan.com
www.an-creagan.com

BIKE DOCK

79-85 Ravenhill Road
Belfast BT6 8DQ
T :: 028 90 730600
E :: info@bikedock.com
www.bikedock.com

US GRANT ANCESTRAL

Homestead
Ballygawley
Co Tyrone
T :: 028 85 557133

JR CYCLES

Unit 4, Dinree House
Dungannon BT70 1HN
T :: 028 87 727072

SOERNEOG VIEW HOSTEL

Rathlin Island
T :: 028 20 763954

LURGABOY ADVENTURE CENTRE

12 Gosford Road
Armagh
BT60 1LQ
T :: 028 37 552425
E :: info@lurgaboylodge.com
www.lurgaboylodge.com

ROE VALLEY CYCLES

35 Catherine Street
Limavady BT49 9DA
T :: 02877766406

BLUELOUGH MOUNTAIN AND WATER SPORTS CENTRE

The Grange Yard, Castlewellan
Forest Park Castlewellan
BT31 9BU
T :: 028 4377 0714
E :: info@mountainandwater.com
www.mountainandwater.com

DUNGIVEN CASTLE

Main Street
Dungiven
T :: 028 7774 2428

DUNHILL COTTAGE CYCLE HIRE

47 Carnreagh,
Hillsborough BT26 6LJ
Mob: 07887678792

COUNTRY CYCLES

26 Lisnanane Lane,
Sandholes, Cookstown,
Co. Tyrone, BT80 9BJ
T: 028 87 746110



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For further information log onto www.loughshoretrail.com or www.discoverloughneagh.com



The Loughshore Trail is funded by the Department of Agriculture and Rural Development and managed by the Lough Neagh Partnership.
www.loughneaghpartnership.com

www.thepixelfactory.co.uk