



# Ballynahinch Rugby Football Club

Ballynahinch RFC was formed in 1954 and maintains a very strong link with the local community.

The Club's mission statement is - *'A Club for all people, a Club for all ages.'*



## The Hinch Trail

An All-Ability Trail

**DISTANCE** 1.3 km  
**TIME TO COMPLETE** 20 minutes (Approx.)  
**GRADE** All-Ability

A relaxed walk around the perimeter of the Club's pitches and small woodlands. The trail provides opportunities to enjoy panoramic views of Slieve Croob and the rolling hills of County Down. The Hinch Trail further enhances the community facilities already provided by the Club through the community gym.

### Trail Grade

#### All-Ability

##### The Hinch Trail

**SUITABLE FOR**  
 People in good health including those with limited mobility and baby buggies.

**SURFACE TYPE**  
 Sealed surfaces such as asphalt or compacted stone. Even and consistent throughout.

**GRADIENT**  
 Relatively flat.



These guidelines must always be used in conjunction with your own experience, intuition and careful judgement.

#### Finding Your Way



Follow the colour coded trail waymarker discs on the wooden posts located along the trail.

#### Key Contacts and Emergency Information



**Ballynahinch RFC:** hinchrfc.sec@gmail.com  
 028 9756 3063  
**Emergency Services:** Fire, Police, Ambulance and Coastguard  
 call 999

#### Dogs



Dogs are welcome on the trail, however, we would ask you to ensure they are kept on a lead and that you clean up after your dog. Dogs are not permitted on the pitches.

#### Safety Information



This trail shares space with public playing fields. Please always exercise appropriate caution and respect other users. Trail users should not wear studded boots on the trail. Heavy machinery should not be driven over the trail.

This project has been funded by:



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